

with Steve Harmer 7436 Silver Hill Rd NW Calgary AB T3B 3Y1 Phone/Fax: (403) 247-6622 Email: <u>steve@magicplus.ca</u> Website: <u>www.motivationalmagic.ca</u> "Now Offering 11 Inspiring Assemblies!"



Be Aware and Care with Steve Harmer A Bully Prevention Program Notes and Content Outline:

Introduction

Welcome: I don't have any burgers. I don't have any fries. But I do have a shake. Shake a friends hand to welcome them here today!

Trick: 3 Plates on Pole Just like audience involvement is critical in any presentation, caring students must get involved in the lives of others to truly show that they care. My presentation is designed to challenge students to make positive choices regarding bullying.

Trick: Die in a Box All actions good or bad have consequences. Don't be like Will who thought he could do what ever he wanted. He did not obey the rules. He ended up paying the price.

Be Aware:

1. Trick: "Isubell" to BULLIES Spelling Trick

2. Trick: Giant Cards Students magically pick out the "bully" and "victim" cards out of the deck. 1 card is the "bully" card – less than one out 10 kids may be a bully

1 card is the "victim" card - less than one out of 10 kids may be a victim

8 cards say "caring majority" - 8 out of 10 are the caring majority

Bully (def'n): A person who repeatedly hurts others with words or with actions.

Victim (def'n): The person the bully hurts.

3. A T-shirt a **bully** might wear says: "I'm a bully and I have a problem"

"There is something wrong with me"

A T-shirt a victim might wear says: "I'm a victim and I need your help"

"I have done nothing wrong"

Be Safe:

If you are every bullied here are some ways to protect yourself and stay SAFE:

- **S** Stand tall, speak bravely and tell the bully to stop
- A Ask for help form the caring majority or from an adult
- F Figure out your choices. What can you do to prevent serious problems?
- E End it calmly. Don't lose your temper or retaliate

Trick: 4 symbolic lettered handkerchiefs are put in a bag and magically join together.

Trick: 3 way juggling illustration: to prevent bullying we need make sure there are three groups that get involved. 1. The caring majority 2. The victims and 3. The bullies. When these three groups work together great things can happen and a school can run smoothly.

Be Caring:

Show a victim of bullying that you "CARE"

- C Creatively try to think how you could help out.
- A Ask for help from friends, teachers or other adults.
- **R** Relate and join. Ask the victim or the bully to join in your game.
- E Empathy. Comfort and care for the victim.

Trick: Care Box

Be Involved:

If there is a problem with a bully, get involved, speak up and do something. Bullies love silence because then they get away with hurting others. If someone fell and skinned his or her knee on the playground, we all have a responsibility to help. At Christmas we often get involved by bringing in food items to help out those who are in need. Similarly we must help victims of bullies by getting involved.

Trick: Rabbit Box A production of fake rabbit Matt and real rabbit Stew with an "involved" assistant (top hat to rabbit hat)

TRICK: Missing puzzle piece -the missing PEACE is often the problem

Be a Friend:

"I went out to find a friend But could not find one there I went out to be a friend And friends were everywhere."

"You can't be a BUDDY and a BULLY at the same time."

Principal Story: A Bully was hurting a Victim. 10 bystanders chose to be part of the problem not part of the solution.

Six Secrets To Having Friends:

- 1. Smile a lot.
- 2. Speak friendly words to everyone.
- 3. Listen carefully to others.
- 4. Be yourself.
- 5. Encourage other.
- 6. Don't be bossy or a know it all.

Trick: silks become a long streamer. Applying these principles can lead to more joy and happiness, like a beautiful scarf and dove.