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"Now Offering 11 Inspiring Assemblies!"

#### presents:

# Courage, Character & Caring

A Character Education & Violence Prevention Presentation



## Notes and Content Outline by Steve Harmer

#### Introduction

TRICK: Puzzle demonstration

Although most students know the school rules and know right from wrong, it remains a puzzle that some students have great difficulty showing courage, character and caring in their behavior. This presentation is designed to challenge students to make positive choices regarding behavior.

TRICK: Unicycle demonstration

# Dare To Be Decent (safe and caring behavior)

TRICK: Spelling Bee The letters in "REACHCART" rearrange to spell "CHARACTER"

Acrostic: C is for Caring H - Honesty A - Acceptance R - Responsibility

A - Authenticity C - Courage T - Thankfulness E - Encouragement R - Respect

**TRICK**: 10 Boxes On One Finger Balance: To show all these character qualities in our lives is as challenging as balancing ten boxes on one finger but it can be done with practice and training.

# Dare To Believe In Yourself (develop self-esteem)

TRICK: The Building Blocks or the "A, B, C's" of Self Esteem:

- A Accept yourself -you can't change eye color, height or heritage
- B Believe in yourself -you must believe that you can learn with work
- ${m C}$  Challenge yourself -when you challenge yourself to learn a new skill and achieve it, your self-esteem rises

#### Dare To Take a Stand (manage anger, prevent bullying)

We all have the capacity to stand up for what is right, wholesome and honorable.

TRICK: "Super Kid" Bunny Production:

Know that you are a "Super Kid" just because you are alive.

All of us are "Super Special", "Super Capable" and "Super Loveable"

#### Dare To Be Different (respect diversity, prevent prejudice)

Game Show Challenge: You may choose this very flashy red can (Prize#1)

or this lunch bag (Prize#2)

TRICK: Flashy red can: on the inside is stinky (skunk) and foul/fowl (rubber chicken)

Lunch bag: on the inside is beautiful as it is filled with flowers

People can be just like these props. Even though they may be pretty and cool on the outside they may be kind of foul on the inside. And people that look ordinary or different on the outside might be really beautiful on the inside. It is important that we don't judge people by their outward appearance. We must instead judge them based on what is inside.

### Dare To Be Courageous (resist negative peer pressure)

TRICK: Sword Box Courage means to "Do what's right when the wrong is popular"

The "right way" Box includes: Friends, Fun, Freedom, Future

We often look for these things by going the "popular way" or the "easy way" to find happiness only to discover that these ways are just illusions.

When we choose the right way we will ultimately discover true friends, wholesome fun, real freedom within limits and a future of integrity.

# Dare To Be a Friend (communicate, cooperate)

**STORY:** Special Olympics These friends have taught us that, maybe just maybe, caring is more important than winning.

**TRICK:** Newspaper and Dove Illustration When others hurt us with their words or actions, we feel torn up and broken on the inside. A broken heart hurts way more than even a broken arm. My positive message reminds us that we must dare to be decent,

dare to believe in yourself dare to take a stand dare to be different dare to be courageous and dare to be a friend.

My final challenge for you is this. Are you going to tear others up with mean words and mean actions? Or are you going to show love, kindness, courage, character and caring? When you show courage, character and caring, you can help put others back together again. You also help them discover that they have wings to fly and make a difference in this school, in this community and even change the world.